

Flying Start Nursery

Menu 4

Week Commencing:

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack (10am)	Grapes Rice cakes	Pears Crackerbread	Pineapple Corn thins	Bananas Water crackers	Satsumas Oatcakes
Lunch (12 noon)	Farfalle carbonara with spinach Yoghurt & mixed berries	Sausage casserole, mash and green beans Banana cake	Fish crumble and broccoli Jam sponge and custard	Risotto with pasta sauce and sweetcorn Fruit sorbet	Herby chicken and roasted veg Yoghurt & fruit
Snack (2.30pm)	Melon Biscuits	Carrots Oatcakes	Humous Breadsticks	Blueberries Biscuits	Fruit Cream crackers
Tea (4.30pm)	Jacket potatoes and tuna mayo with sweetcorn Ice cream and wafers	Cauliflower cheese and peas Melon and strawberries	Muffins with cream cheese, ham and cucumber	Fishcakes and baked beans Millionaires shortcake	Picnic tea Chocolate mousse