

# ***Flying Start Nursery***

## ***Menu 2***

***Week Commencing:***

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Snack (10am)	Grapes  Rice cakes	Pears  Crackerbread	Pineapple  Corn thins	Bananas  Water crackers	Satsumas  Oatcakes
Lunch (12 noon)	Mac cheese with peas & spinach  Fruit crumble	Fruity lamb tagine & couscous  Banana & custard	Fish Pie, broccoli & sweetcorn  Yoghurt & Fruit	Vegetable curry and rice  Eton mess	Roast chicken & Yorkshire puds  Yoghurt & fruit
Snack (2.30pm)	Melon  Biscuits	Carrots  Oatcakes	Humous  Breadsticks	Blueberries  Biscuits	Fruit  Cream crackers
Tea (4.30pm)	Sausages & baked beans  Pineapple	Ham/cheese wraps with veg sticks and cherry tomatoes  Lemon mousse	Jacket potatoes & cheese  Fruit sorbet	Cauliflower cheese  Melon	Make your own muffin pizza  Milk lollies